

Instructions for Myers-Briggs Personality Test

Please start by taking the test, and then follow these directions. The test will take approximately 30-45 minutes.

1. Take out the answer sheet. Read a question and write your answers (using a checkmark for A or B) into the grid box. Pay attention to the way the numbers flow (left to right, rather than top to bottom).
2. Answer the questions from your "base" nature. Don't answer what you wish you were, or what you think you should be or what the "Christian/right" thing to do is, but what is your "base" preference. For example, with the question that asks "You are at a party... do you interact with many, even strangers, or interact with a few friends?"
3. There is no right or wrong answer.
4. There are a couple questions on the test that are worded awkwardly... here is some clarification for you:
 - a. #9: Are you more sensible than idealistic or idealistic than sensible? (think: sensible equals practical)
 - b. #33: Are you more often cool headed or warm hearted? (think: cool headed is rational, logical, principally driven; warm hearted is relatively driven, subjective)
 - c. #59: Are you drawn more to fundamentals or overtones? (Fundamentals: details, the trees; overtones: the forest, the bigger picture)
5. Do the math. (Add the numbers in the columns; follow the right arrows to add them up.)
 - a. Your score should be clear in letters: E/I, S/N, T/F, T/J
 - b. There will also be clear numbers. For example, if you are 11S and 9N or if you are 5E and 5I, that is important for us to know!
6. Bring your completed test to Access Strengths. We will need to see your numbers and be able to check for any math discrepancies.

31. **Children often do not:**
___(a) make themselves useful enough ___(b) exercise their fantasy enough
32. **When in charge of others, do you tend to be:**
___(a) firm and unbending ___(b) forgiving and lenient
33. **Are you more often:**
___(a) a cool-headed person ___(b) a warm-hearted person
34. **Are you more prone to:**
___(a) nailing things down ___(b) exploring the possibilities
35. **In most situations, are you more:**
___(a) deliberate than spontaneous ___(b) spontaneous than deliberate
36. **Do you think of yourself as:**
___(a) an outgoing person ___(b) a private person
37. **Are you more frequently:**
___(a) a practical sort of person ___(b) a fanciful sort of person
38. **Do you speak more in:**
___(a) particulars than generalities ___(b) generalities than particulars
39. **Which is more of a compliment:**
___(a) "There's a logical person" ___(b) "There's a sentimental person"
40. **Which rules you more:**
___(a) your thoughts ___(b) your feelings
41. **When finishing a job, do you like to:**
___(a) tie up all the loose ends ___(b) move on to something else
42. **Do you prefer to work:**
___(a) to deadlines ___(b) just whenever
43. **Are you the kind of person who:**
___(a) is rather talkative ___(b) doesn't miss much
44. **Are you inclined to take what is said:**
___(a) more literally ___(b) more figuratively
45. **Do you more often see:**
___(a) what is right in front of you ___(b) what can only be imagined
46. **Is it worse to be:**
___(a) a softy ___(b) hard-nosed
47. **In trying circumstances are you sometimes:**
___(a) too unsympathetic ___(b) too sympathetic

